

PROFILE

Unny cultivates wellness, health, love, compassion, justice, and equity among social change makers, including himself, so that we are more loving and empowered to improve the lives of nonhuman and human animals

EXPERIENCE**Unny Nambudiripad Health and Wellness, Minneapolis, MN**

Facilitator, May 2000-present

- Co-planned Our Wellness and Liberation (OWL) Retreats for animal advocates. Retreats have varied from half-day to full weekends, from virtual retreats to being in-person at a retreat center. Retreats include meals, meditation, games, journaling, massages, and educational presentations about compassion, love, and responding to anger
- Served on the Program Advisory Committee and was the Moderator Manager for the Animal Rights National Conference, 2019
- Served as a Strategic Advisor and as the Moderator Liaison for The Animal and Vegan Advocacy Summit, 2022
- Served on the Board of Directors of Encompass, 2020-2022

Self-employed, Minneapolis, Minnesota

Fundraising consultant, March 2021 to present

- Facilitate capital campaign including creating a plan, cultivate and solicit donations, and train staff on fundraising
- Create fundraising materials including emails and content for websites
- Determine which donor database to use for a client

GiveMN, Minneapolis, MN

Fundraising Strategist, May 2019 to January 2021

- Co-facilitated workshops on individual donor development including how to ask for funds at events, conducting one-to-one donor meetings, and navigating your relationship with money
- Coached organizations on individual donor development including identifying strengths and weaknesses, guiding organizations on which donors and donor prospects to deepen relationships with, and managing the donor cultivation cycle

Centro de Trabajadores Unidos en la Lucha, Minneapolis, MN

Donor Organizer, April 2017 to May 2019

- Cultivated relationships with donors and volunteers to raise funds including major donor fundraising, email, phone, and paper solicitation, and organizing donor/volunteers around race, class, wealth, and power
- Planned two large development events every year
- Thanked and tracked and donors

Compassionate Action for Animals, Minneapolis, MN

Co-Founder, Executive Director, 1998 - 2016

- Planned events and projects to educate the public about factory farming and plant-based diets
- Raised funds and coordinated finances, strategic planning, board recruitment, and office administration
- Recruited and trained thousands of volunteers
- Cultivated deep relationships with volunteer leaders and helped them grow
- Mentored volunteers who have served on event planning committees, joined boards of directors, and become outreach coordinators
- Organized dozens of cooking classes, presentations about nutrition, and regularly cooked food for 5-20 people for potlucks and for volunteer events

Nonviolent Peaceforce, Minneapolis, MN

Major Gifts Associate, September 2008 - August 2011

- Coordinated research on potential major donors to support unarmed civilian peacekeeping missions
- Delivered electronic and paper mass development solicitations
- Planned development trips and year-end phone calls

Alliance for Metropolitan Stability, Minneapolis, MN

Organizer, January 2005 to November 2007

- Organized coalitions of grassroots organizations working for affordable housing, transit, environmental quality, and economic and social justice
- Increased capacity of smart growth movement by connecting organizations across sectors and facilitate resource, training, and research sharing

Western Clean Energy Campaign, Boulder, CO

Program Assistant, November 2003 - September 2004

- Coordinated organizing, media, and financial assistance to local organizations to oppose coal plant construction
- Researched foundations, prepared letters of inquiry, grant proposals, and reports for foundations
- Provided administrative assistance including photocopying, organizing meetings, and fact-checking

EDUCATION

- Sierra Club Dismantling Racism Retreat, 2017
- Midwest Academy Organizing for Social Change, 2005
- People's Institute for Survival and Beyond Undoing Racism Workshop, 2005
- B.S., Computer Science, B.S., Mathematics, University of Minnesota, Twin Cities

OTHER

- Four time sprint-distance triathlon finisher, one time marathon finisher, 1994-2022
- Henry Spira Grassroots Activist Award recipient, 2013