

**PROFILE**

Unny cultivates wellness, health, love, compassion, justice, and equity among social change makers, including himself, so that we are more loving and empowered to improve the lives of nonhuman and human animals

**EXPERIENCE****Better Food Foundation, virtual**

*Movement Building Director, March 2023-present*

- I fundraise from individual and institutional donors
- I help grow our movement by mentoring organizations on fundraising and nonprofit management and by educating funders about diverse animal advocacy strategies

**Unny Nambudiripad Health and Wellness, Minneapolis, MN**

*Facilitator, May 2000-present*

- Co-planned Our Wellness and Liberation (OWL) Retreats for animal advocates. Retreats have varied from half-day to full weekends, from virtual retreats to being in-person at a retreat center. Retreats include meals, meditation, games, journaling, massages, and educational presentations about compassion, love, and responding to anger
- Served on the Program Advisory Committee and was the Moderator Manager for the Animal Rights National Conference, 2019
- Served as a Strategic Advisor and as the Moderator Liaison for The Animal and Vegan Advocacy Summit, 2022-2023
- Served on the Board of Directors of Encompass, 2020-2022

**Self-employed, Minneapolis, Minnesota**

*Fundraising consultant, March 2019 to present*

- Facilitate capital campaign including creating a plan, cultivate and solicit donations, and train staff on fundraising
- Create fundraising materials including emails and content for websites
- Determine which donor database to use for a client

**Centro de Trabajadores Unidos en la Lucha, Minneapolis, MN**

*Donor Organizer, April 2017 to May 2019*

- Cultivated relationships with donors and volunteers to raise funds including major donor fundraising, email, phone, and paper solicitation, and organizing donor/volunteers around race, class, wealth, and power
- Planned two large development events every year
- Thanked and tracked and donors

**Compassionate Action for Animals, Minneapolis, MN**

*Co-Founder, Executive Director, 1998 - 2016*

- Planned events and projects to educate the public about factory farming and plant-based diets
- Raised funds and coordinated finances, strategic planning, board recruitment, and office administration
- Recruited and trained thousands of volunteers
- Cultivated deep relationships with volunteer leaders and helped them grow

- Mentored volunteers who have served on event planning committees, joined boards of directors, and become outreach coordinators
- Organized dozens of cooking classes, presentations about nutrition, and regularly cooked food for 5-20 people for potlucks and for volunteer events

#### EDUCATION

- Daring Compassion: Movement Chaplaincy Training, 2021
- Sierra Club Dismantling Racism Retreat, 2017
- Midwest Academy Organizing for Social Change, 2005
- People's Institute for Survival and Beyond Undoing Racism Workshop, 2005
- B.S., Computer Science, B.S., Mathematics, University of Minnesota, Twin Cities

#### OTHER

- Four time sprint-distance triathlon finisher, one time marathon finisher, 1994-2022
- Henry Spira Grassroots Activist Award recipient, 2013